

# **GLUTEN-FREE MAAMOUL COOKIES**

with Vava Vanifla





#### **HOT HOT HOT**

**Inside Tips:** You don't have the typical Maamoul mold? No problem! Simply prick the top of the cookies with a fork or toothpick in a decorative pattern.

### WHAT YOU NEED

#### **Ingredients**

- 2 cups (10oz/284g) Vava Vanilla Dilettoso Mix
- 34 cup (6oz/170g) Ghee or Butter, Softened
- 1 Egg
- 2 Tablespoons Milk of Choice
- 2 Tablespoons Rose Water (Optional)
- 1 Tablespoon powdered sugar for dusting
- Filling: 1 cup (8oz/225g) pitted medjool dates (about 14 dates, chopped), ¼ cup (2floz/57ml) water, Pinch of salt

## **HOW TO DO IT**

- 1. MAKE the filling: In a small saucepan over medium-low heat, combine the dates, water, and salt. Cook the dates, mashing and stirring until it results in a soft paste. Let it cool and set aside.
- 2. **PREHEAT** the oven to 325°F (165°C) and line two baking sheets with parchment paper. Set aside.
- 3. ADD to a mixing bowl or a food processor, your Vava Vanilla Dilettoso mix, ghee, the egg, milk of choice and rose water (optional, but it adds a lovely flavor). Combine until the dough comes together.
- 4. **ASSEMBLING** the Maamoul: Gather the dough together, and then divide the dough into 25 equallysized balls.
- 5. **TAKE** one ball of dough, flatten it in the palm of your hand and pinch it into a bowl shape. Wet your fingers for so the dough won't be sticky.
- 6. PLACE enough filling to fill the dough; pinch and press to seal the dough so the filling is completely enclosed.
- 7. ROLL and flatten slightly, and then place the cookie seam side down on the prepared cookie sheet. Repeat with the remaining dough and filling.



- 8. **DUST** the mold with powdered sugar so the dough does not stick. Press each filled cookie into the mold. See hot hot Tip for an alternative to using the mold.
- 9. **HOLD** the handle of the mold and bang the top of the mold on the baking sheet. It may take a couple of hits. The dough should release and fall into the surface.
- 10. **REPEAT** with remaining dough. Dust the mold every 1-2 cookies.
- 11. **BAKE** until the cookies are just beginning to turn golden, about 20 minutes. Don't over cook!
- 12. **LET** the cookies cool completely on the baking sheet, then dust generously with powdered sugar.

13. **ENJOY!** 

Buon Appetito!





